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6-7-2001

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University Marketing and Communications, "06/07/2001 - EIU To Offer One Day Cheerleading Workshop For Youth Ages 6 To 12.pdf" (2001). 2001. 236.
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01-137A

June 7, 2001

For Immediate Release:

EIU TO OFFER ONE-DAY CHEERLEADING WORKSHOP FOR YOUTH AGES 6 TO 12

CHARLESTON – Children ages six to 12 are invited to participate in Eastern Illinois University's "Basic Fundamentals of Cheerleading" workshop, scheduled to take place Saturday, July 14.

The workshop is one in a series of non-credit courses for children being offered as part of Summer Enrichment 2001.

Members of Eastern's Cheerteam, along with Andy White, cheerteam advisor, will instruct participating youngsters in basic cheers, motions, cheerleading chants and techniques. In addition, instruction will be offered on proper uniforms, how to get the most out of a mascot, crowd participation, and sideline, football and basketball cheers.

The cost of the workshop, which will run from 9 a.m. to noon and 1 to 4 p.m., is \$32 per person. Participants should bring a sack lunch and beverage.

For detailed information on courses and how to register, contact Eastern's School of Adult and Continuing Education at (217) 581-5116. Parent/guardian signatures are required for children registering for courses.